



THE UPPER ROOM EXPERIENCE

Pentecost 2020

Being artisans of hope in the midst of the Covid-19 global pandemic

Pentecost: Reflection Moment

Recommended Readings:

1. “The Upper Room Experience” (JPIC International Team)
2. “Epidemics in the Society of the Sacred Heart in the lifetime of Madeleine Sophie Barat (1779-1865)” (Phil Kilroy rscj)

Reflection Guide:

1. Highlight and reflect on points in “The Upper Room Experience” that speak to you, invite you to prayer, or inspire you to respond.
2. From “Epidemics in the Society....” what do we learn from Madeleine Sophie’s response to the epidemics of her time that may help us now in this pandemic and as we live our “upper room experience”?
3. Look back and remember a concrete moment in your life when you allowed “the world to set your agenda”? What did you learn from that experience that you can now draw from as you confront the “new normal”? What is the “new normal” for you – in your personal life, in community, in ministry? How are you being called to live JPIC in light of this “new normal”?

Share one or two insights with your community or group.

Before the Prayer Moment, you will also need to prepare the “gifts and fruits” of the Spirit. (See the enclosed guide.)

Pentecost: Prayer Moment

Opening Song: *Spirit Seeking Light and Beauty* <https://youtu.be/7IpRaXVsuS>

Prayer: Living Water

Living water,
 water flowing,
water flowing from Christ's side.

Living water,
 making God's home
deep down within your heart.

Living water,
 water of life,
life of God that will abide.

Living water,
 calling the Father,
sharing with you the Son's own part.

Living water,
 giving the Spirit,
Spirit of God aflame.

Living water,
 to know the Father,
and Jesus Christ His Son.

Living water,
 Spirit afire,
giving life in God's name.

Living water,
 Spirit of Love,
that all of us may be made one.

Pamela Hayes rscj

Sharing of Insights from the "Reflection Moment"

*After the sharing of insights, we spend a moment in silence;
then we take turns receiving the gifts and fruits of the Holy Spirit.*

Receiving the gifts and fruits of the Holy Spirit:

To live JPIC in this "new normal," I receive the gift of (draw a gift of the Spirit) .

This gift will bear this fruit (draw a fruit of the Spirit) in my life.

How am I invited to live this fruit now and in the unfolding "new normal"?

Closing Prayer:

Jesus, you are risen! You break through our locked doors and join us in our "upper rooms." Touch us with your love; and calm our doubts and fears. Awaken our hearts with hope; and help us to see with eyes of faith. Breathe your peace into us; and give us the courage we need to live the mission. Amen.

Closing Song: *Send Forth Your Spirit* https://youtu.be/87uHsS_2oCo