ASIANZ PROFESSED YOUNG MEETING 2026
MUMBAI, INDIA| 8–12 NOVEMBER 2026



THEME:
EMBRACING THE EMERGING FUTURE WITH COURAGE AND COMPASSION

Nineteen Religious of the Sacred Heart gathered in Mumbai, India, for the ASIANZ Professed Young Meeting—a five-day opportunity to deepen relationships, reflect on the Society's emerging future and renew their commitment to shared mission.

Participants: Chihiro (JPN); Yola, Enni and Fily (INS); Beth (PHI); Kim Jisun, Mary, Kim Jihye, Maria, Bang Jung Hye, and Mary (KOC); and Agnes, Dibya, Josephine, Deodita, Monika, Neelam, Kiran and Mukta (IND). **NEANZ (7) and SE-SASIA (12).**

The General Councillor, Sr. Sheila Smith, and the Provincial of SE-SASIA, Sr. Daphne Sequeira, joined the gathering for its first two days.

Resource Person for days 1- 2: Sr. Sheila Smith; days 3-4: Hyo Seong; day 5: Beth Sulleza and Bang Jung Hye.

Facilitating Team: Hyo Seong, Beth, Anita Nazareth, Fatima Azavedo and Mariaelena Figueredo.

The daily sessions were facilitated by Sr. Mariaelena Figueredo (Day 1), Sr. Anita Nazareth (Day 2), Sr. Fatima Azavedo (Day 3), Sr. Hyo Seong (Day 4), and Sr. Beth and Sr. Bang Jung Hye (Day 5).

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The meeting opened with a vibrant Eucharistic celebration, enriched by an Indian dance and hymns in Hindi, Marathi, Konkani and English. In the spirit of Diwali, the Festival of Lights, participants lit lamps and shared the theme, "Be a Light and a Blessing."

Sr. Daphne welcomed the group, recognising the courage and faith it takes to cross geographical boundaries and reminding participants that religious life is a journey walked together.



LISTENING TO THE SOCIETY AND TO ONE ANOTHER

With Sr. Sheila, participants explored signs of vitality, fragility, and challenges in the International Society during a time of transition. They considered the invitations addressed to the ASIANZ Professed Young.

Through personal reflection and small-group sharing, they used the "Windows of Experience"—(learnings from the International Leadership Programme) Person, Context, System and Source—to notice the strengths, challenges, hopes and spiritual values shaping their lives and ministries.

The groups then looked toward the new province, NEANZ and SE-SASIA, sharing their dreams, the seeds of hope already present, and the transformation needed to bring their vision to life. Conversations about apostolic priorities helped connect these hopes with the Society's mission.

ENCOUNTERING SOPHIE, THE CITY AND ONE ANOTHER

A day exploring Mumbai's museums, historic landmarks and places of worship invited participants to reflect on what they saw and experienced alongside St. Madeleine Sophie. Further spaces for recollection focused on Sophie's relationship with nature, her openness to all nations and her quest for peace. In silence and shared reflection, participants wrote letters to or from Sophie in their own languages, creating a moving space for honest listening and connection.

On the final day, attention turned to holistic well-being. Participants explored psychosocial stress and self-care, reflected on balance across physical, emotional, psychological, spiritual, personal and professional life, and identified practical ways to nurture well-being in community and ministry. An Emmaus walk offered time for one-to-one sharing, followed by a closing ritual in which each pair shared a symbol of their journey. Through this, the participants were able to return to their own Galilee with a renewed sense of mission.



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ONE REGION, RENEWED IN HOPE

The gathering closed with much gratitude for the 5-day program. A closing address from Sr. Daphne, shared by Sr. Annie Peter, a member of the Provincial Council, affirmed the importance of the five days together. The meeting concluded with a Dance for Universal Peace—a fitting expression of the joy and cor unum, the participants carried home.

Across prayer, reflection, conversation and celebration, the meeting strengthened bonds across two provinces and affirmed the ASIANZ region, called to embrace the emerging future with courage, compassion and hope.

Ongoing Formation Team - India.