

● ● ● ● ● **GAUDETE SUNDAY** ● ● ● ● ●

"REJOICE FOR HE IS COMING!"



Anne-Laure Lavagna - "Perfect Joy"

1st Reading: Zephaniah 3:14-18a | Psalm: Isaiah 12:2-3, 4, 5-6 | 2nd Reading: Philippians 4:4-7 | Gospel: Luke 3:10-18

Song: [Joyful In Hope - Voices In Prayer](#)

And the crowds asked him, "What, then, should we do?" In reply, he said to them, "Whoever has two coats must share with anyone who has none, and whoever has food must do likewise." Even tax collectors came to be baptized, and they asked him, "Teacher, what should we do?" He said to them, "Collect no more than the amount prescribed for you." Soldiers also asked him, "And we, what should we do?" He said to them, "Do not extort money from anyone by threats or false accusation, and be satisfied with your wages." As the people were filled with expectation and all were questioning in their hearts concerning John, whether he might be the Messiah, John answered all of them by saying, "I baptize you with water, but one who is more powerful than I is coming; I am not worthy to untie the strap of his sandals. He will baptize you with the Holy Spirit and fire. His winnowing fork is in his hand to clear his threshing floor and to gather the wheat into his granary, but the chaff he will burn with unquenchable fire."

So with many other exhortations he proclaimed the good news to the people.

CONSOLATION – SOLIDARITY – COMMUNION

Wherever you may be, you can hear his call and realize that he is sending you forth to carry out that mission. He himself told us, "I am sending you out" (Lk 10:3). It is part of our being friends with him. For this friendship to mature, however, it is up to you to let him send you forth on a mission in this world, and to carry it out confidently, generously, freely and fearlessly. If you stay trapped in your own comfort zone, you will never really find security; doubts and fears, sorrow and anxiety will always loom on the horizon. Those who do not carry out their mission on this earth will find not happiness, but disappointment. Never forget that Jesus is at your side at every step of the way. He will not cast you into the abyss, or leave you to your own devices. He will always be there to encourage and accompany you. He has promised, and he will do it: "For I am with you always, to the end of the age" (Mt 28:20). *Dilexit Nos # 215.*

Responsorial Psalm | Is 12:2-3, 4, 5-6.

R. Cry out with joy and gladness: for among you is the great and Holy One of Israel.

God indeed is my savior; I am confident and unafraid. My strength and my courage is the LORD, and he has been my savior. With joy you will draw water at the fountain of salvation.

Give thanks to the LORD, acclaim his name; among the nations make known his deeds, proclaim how exalted is his name.

Sing praise to the LORD for his glorious achievement; let this be known throughout all the earth. Shout with exultation, O city of Zion, for great in your midst is the Holy One of Israel!



Anne-Laure Lavagna - "Joy in the Heart"



Reflection from "Place et parole des pauvres": A group of individuals experiencing precarity who create radio content (in French).

How do I receive these words (from the Gospel and the Pope)? What touches me?

I find these words comforting. The phrase that touches me is *"He will not throw you into the abyss or abandon you"*.

The Pope tells us what God wants us to do on earth, while trusting that he is always with us, that he accompanies us. I'm well aware that we all have a mission on earth, but it's not easy to tell ourselves that the Lord is always with us.

It also helps me to believe, in the words of the Pope, that I certainly have a mission on earth and that I have confidence and generosity. On the other hand, with what's going on in the world, sometimes I find it hard to believe. With the wars, the violence

The gospel clearly states that *"He who has two garments, let him share with him who has none"*, which means that Jesus at the time would have given his garment to the poorest. He had a notion of sharing. It was the same for those without food. This means He gave a lot to others, and did He receive as much?

What does the Heart of Jesus mean to me? How do I see it?

The Heart of Jesus leads and accompanies me, and is with me always. Everything that is pure, just, right, honest, loving and good; everything we need to live. That's how a heart should act; for me, a heart can only be good.

Jesus' heart is good; for me, it's so extraordinary that it's hard to put it into words.

The heart of Jesus is what gives us faith and hope. We're obliged to love Jesus if we follow him.

Do you feel that you love him enough in return?

For me? If I really, really, really loved him, I would have stopped doing certain things. I'd be more in love with the Lord, more in prayer.

[Click here to visit the radio site.](#)

Anne-Laure Lavagna - "Light in the Heart"



The encyclical through the senses

This week we invite you to pay attention to our LISTENING.



Prayer of intercession:

Let us offer our prayers for the world and for the people and situations that we hold in our hearts.

