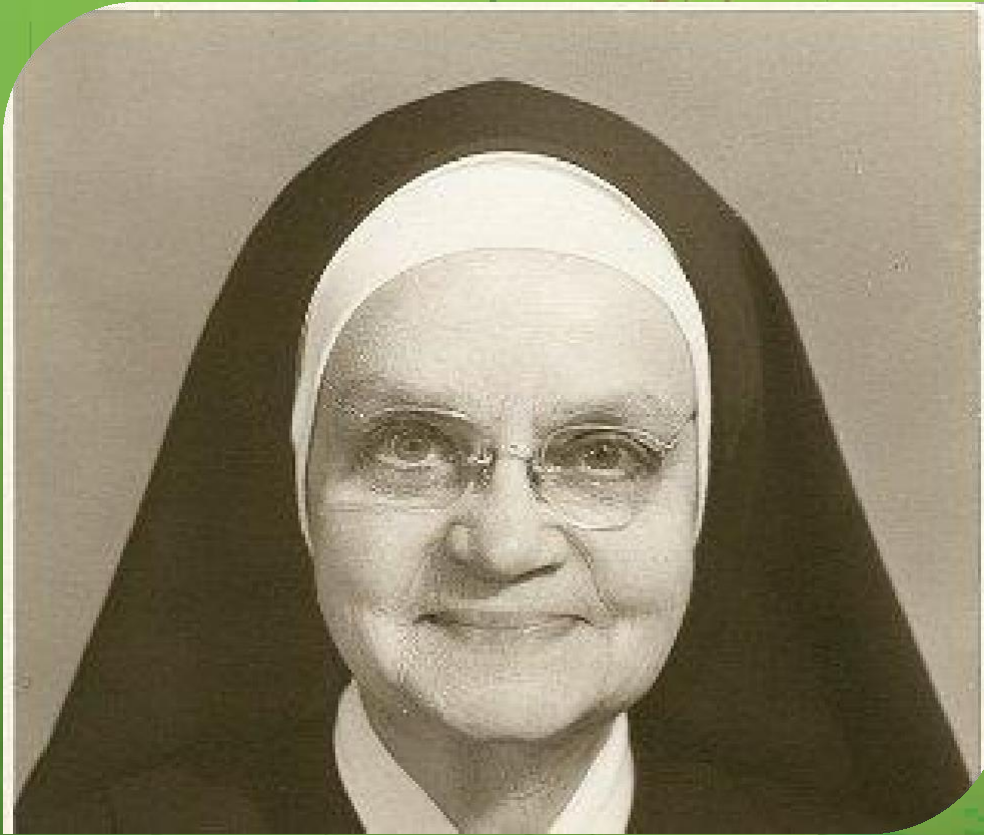


PREPARING FOR THE FEAST OF MATER

SILENCE AND WORDS

OCTOBER 16, 2024





**M. Sabine de Valon,
Superior General from
1958 to 1967**

She was Superior of the Community of the Trinità dei Monti before becoming Superior General.

There she wrote some prayers to the Blessed Mother, "*A few minutes with her*" commenting on the Litany. These will guide, in part, our prayer today.



"A FEW MINUTES WITH HER"

PRAYER SPACE

"To pray is to try to be friends, often alone with the one who we know loves us".

Saint Teresa of Jesus

ADMIRABLE MOTHER, you make us love Jesus



You loved Him as your God and as your son.

Teach us the true love that always looks to Jesus so that we may become like Him.

May our love be so strong that we never put a shadow of doubt between a desire of Jesus and our response.



ADMIRABLE MOTHER, you help us to adhere to the will of Jesus.



You put God's will first and therefore accepted to be the mother of God's son.

You know yourself to be meek and beloved: "He looked upon his humble servant".

You are filled with joy because God exalts the lowly and fills the hungry with good things.

ADMIRABLE MOTHER, comfort for all wounds



Mother, look at these daughters of yours, at this country, at this world of ours, which is experiencing violence, unrest, and uncertainty.

Rest your eyes and your love on all those who suffer.

Don't you take special care of those who need it most?

So that we may be certain that there is a feeling of love in so much pain.

ADMIRABLE MOTHER, you make everything easier

Mother, always attentive to the problems of your daughters. There are difficult moments in life.

It is not easy to love each person as Jesus wants us to love them.

It is not easy to forgive when we have been very hurt.

It is not easy to remain serene with the ups and downs of life.

You facilitate the answer by making love grow.



ADMIRABLE MOTHER, treasure of calm and serenity

Your heart is the realm of harmony.

You live in the peace that comes
from complete trust in God's love.

You are attentive to the word of life
that is called Jesus.

Being with you, I feel the gift of your
peace welling up inside me.



ADMIRABLE MOTHER, joy of heaven and earth

We were sad when we came to be with you and we left happy and renewed. It may be difficult for us to accept a situation but with you we regain peace and faith.

It hurts us to realize our mistakes but you assure us of God's forgiveness and goodness.

We entrust you with our plans to serve and help others. You encourage and inspire us to move forward.



ADMIRABLE MOTHER, you have words of life for everyone.



"Here is the handmaiden of the Lord."

What about me? Do I let him work through me?

"My spirit is filled with joy as I contemplate the goodness of God."

Do I cultivate such deep joy?

Why did you do that with us?"

Do I ask you with faith even when I don't understand?

"They have no wine."

Do I care for others like Mary?

"Do what he tells you."

What about me?



*Madre
Maria*